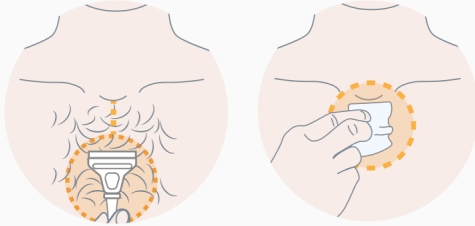




Sensor Quick Start Guide

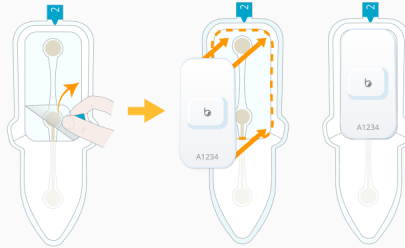
Chest Sensor Placement

1



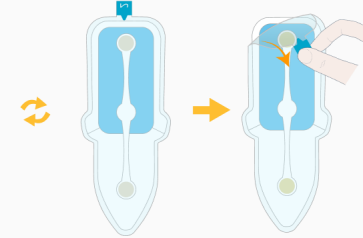
- Prepare your chest area by shaving off body hair.
- Clean the area just under your collarbones.

2



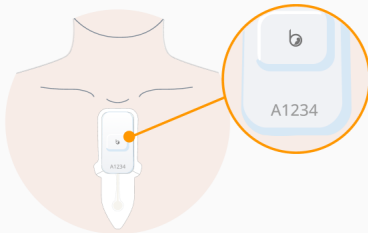
- Peel off the **1** clear liner.
- Orient your sensor with the logo facing towards you. Place the sensor onto the adhesive and press down to ensure adhesion.

3



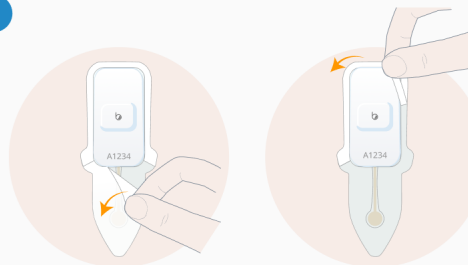
- Flip the sensor to the other side.
- Peel off the **2** clear liner.

4



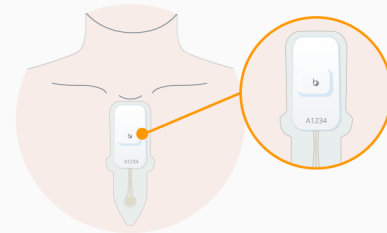
- Place the chest sensor below the suprasternal notch with the logo and sensor ID facing up.

5



- Slowly remove the white liners from the adhesive.

6



- Ensure the logo and sensor ID are properly oriented.



Better Health Data for All